



Middle School Lunch Menu

January 2017

EVERYDAY FAVORITES	<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>
		Cheese Pizza Sausage & Pepperoni Pizza Cheeseburger Hot 'N Spicy Chicken Sandwich PB&J w/ Chips Deli Chef Salad w/ Tortilla Wedges	Cheese Pizza Pepperoni Pizza Cheeseburger Popcorn Chicken Combo PB&J w/ Chips Buffalo Chicken Salad w/ Tortilla Wedges	Cheese Pizza Meat Lovers Pizza Cheeseburger Breaded Chicken Sandwich PB&J w/ Chips Turkey Club Sandwich	Cheese Pizza Buffalo Chicken Pizza Cheeseburger Popcorn Chicken Combo PB&J w/ Chips Deli Chef Salad w/ Tortilla Wedges
Available Daily <i>SONO</i> Bar: Choose your base – Tortilla Chips or Burrito Choose a meat – Beef or Fajita Chicken					
Extra Extra	Baby Carrots Chilled Fruit Assortment Fresh Fruit Assortment	Corn & Black Bean Salad Assorted Fruit Juice Fresh Fruit Assortment	Baby Carrots Chilled Fruit Assortment Fresh Fruit Assortment	Corn & Black Bean Salad Assorted Fruit Juice Fresh Fruit Assortment	Baby Carrots Chilled Fruit Assortment Fresh Fruit Assortment
CREATE	2 NO SCHOOL	3 NO SCHOOL	4 Bacon Jalapeño Grilled Cheese Sandwich BBQ Baked Beans	5 BBQ Chicken Sandwich Steamed Corn	6 <i>Breakfast for Lunch!</i> Bacon, Egg & Cheese Waffle Sandwich Baked French Fries
CREATE	9 Sweet & Sour Chicken w/ Rice Seasoned Broccoli	10 Corn Dog Baked French Fries	11 Chicken Nuggets w/ Dipping Sauce Bar & Dinner Roll Seasoned Green Beans	12 Jalapeño Cheeseburger Seasoned Pinto Beans	13 Meatball & Mozzarella Sub Steamed Peas
CREATE	16 NO SCHOOL	17 Toasted Ham & Cheese Sandwich Steamed Carrots	18 Hot Dog w/ Mac & Cheese BBQ Baked Beans	19 Brunswick Stew w/ Fresh Baked Biscuit Seasoned Green Beans	20 <i>Breakfast for Lunch!</i> Chicken & Waffles Baked French Fries
CREATE	23 Bacon Jalapeno Grilled Cheese Sandwich BBQ Baked Beans	24 Corn Dog French Fries	25 Chili Mac & Cheese w/ Dinner Roll Steamed Peas	26 Italian Meatball Soup w/ Garlic Bread Seasoned Broccoli	27 Chicken & Mozzarella Flatbread Seasoned Green Beans

Students: \$2.60 Reduced: No charge Adults: \$3.75



A complete lunch includes choice of entrée (includes a source of protein and grain/bread accompaniments), choice of fruit/vegetable side dishes, and a choice of milk. A complete lunch must include a ½ cup fruit or vegetable. Milk choices include 1% white and fat free flavored. All grains are whole grain rich.

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