Parallelism

Grammar Exercises with Answers
Eggs contain not only protein but are also full of vitamins.
Eggs contain not only protein (noun) but also vitamins (noun).
They are low in sodium but do not have many calories.
#2 (Answer)

They are low in sodium but high in calories.
Eggs, however, are high in cholesterol and rather fat-filled.
Eggs, however, are high in cholesterol and in fat.
The yolk of one egg contains 213 milligrams of cholesterol and there are 5 grams of fat.
The yolk of one egg contains 213 milligrams of cholesterol and 5 grams of fat.
Still, the whites are both fat-free and have no cholesterol.
Still, the whites are both fat-free and cholesterol-free.
Some people would rather not eat eggs at all than if they can only have egg whites.
Some people would rather not eat eggs at all than eat only egg whites.
The American Heart Association recommends no more than four yolks a week, but eggs may be eaten more often by some people.
The American Heart Association recommends no more than four yolks a week, but some people may eat eggs more often.
Raw eggs should not be eaten by people who are very young, pregnant, elderly, or have immune system impairments.
Raw eggs should not be eaten by people who are very young, pregnant, elderly, or impaired in their immune system.

(note that all four underlined words are adjectives; hence, all are in parallel structure)
#9

Keep eggs refrigerated, cook them thoroughly, and you should throw away any cracked one.
#9 (Answer)

Keep eggs refrigerated, cook them thoroughly, and throw away any cracked one.
#10

Generally, it is better to eat eggs moderately than avoiding them entirely.
#10 (Answer)

Generally, it is better to eat eggs moderately than to avoid them entirely.
You’re Finished!

Now you are ready to take the quiz on parallelism.