

School-Based Wellness Committee Annual Reports

Goals

List your goals separately here:

1. Health Participation: By the end of the SY 21-22 there will be 85 percent participation rate of grades k-5 students in health class as measured by attendance data. Lessons in health will focus on nutrition, hygiene, fitness, self-esteem, substance abuse, and life skills.

Nutrition:

2. . Nutrition: The School will focus on 90% participation of students in our school breakfast and lunch program. The cafeteria's menus must meet federal guidelines for nutrition thus supporting student health.

3. Fitness Gram: By the end of the 2021-22 school year, 65% of students in grades K-5 will complete and pass the performance standards for the Fitness Gram test.

4. Health class nutrition promotion: By the end of the SY 21-22 school year during health class, 85 percent of grades k-5 will create healthy reinforcement posters that have healthy eating habits as a theme.

Method of Measurement

How did you measure the progress of your goal (insert here) Goal ! Data from cafeteria

Goal 1 nutrition - Counselor lessons Goal 2 - Cafeteria Data Goal 3, Data from Fitness Gram Goal 4 -

Frequency of Measurement

Annually? Quarterly? Annually

Which key elements of the policy were evaluated? (Nutrition
Education and Promotion, Physical Education, Other School-Based Activities)

Nutrition Education X

Nutrition Promotion X

Physical Education X

Other School-based activities x

Goal Reached?

If your goal was met, indicate that it was met. If your goal is not measurable, indicate your goal was not met. Goal 1 was met by counselor's lessons. Goal 2 was met with well over 90% in lunch and
If you goal was not met, provide a corrective action

Information/Goals/Activities posted on school's website?

Please post the assessment of your goals on your website along with any correction action required and pass the performance standards for the Fitness Gram test. The PE class will have pacer based

SY 2021-22 **SCHOOL NAME**

Comments

Due to Covid the students have not taken a Fitness Gram in 2 years. The Scores this year will set a baseline for future improvement.