



Happy·Confident·Educated·Students

# Hillcrest Elementary School

## Wellness Plan 2020-2021

The focus of the Hillcrest Elementary Wellness Plan is to motivate and encourage students and teachers to embrace healthy lifestyle choices by offering a variety of school and extra-curricular activities that provide nutrition education and physical experiences for healthy lifestyle practices. All foods sold on campus will meet Smart Snack guidelines.

<u>Committee Members:</u>	<u>NAME</u>	<u>ROLE</u>
	Holle Lewis	Teacher/Parent
	Evans Eiler	Teacher/Parent
	Hanna Lane	Family Liaison
	Catherine Jackson	Cafeteria Manager
	Teri Ogles	Nurse
	Christy Keeth	Principal

### Wellness Goals:

- Seventy percent of 5th Grade students will score in the healthy fitness zone of the Pacer Test by May 2021.
- 100% of students in Pre K - 5th Grade will receive instruction quarterly on healthy habits. (Washing hands, wearing masks, coughing in elbow, choosing healthy snacks, etc.)

Data to consider: Pacer Data, Attendance Data

Progress will be reviewed in May 2021.:

Meeting Dates: November 2, 2020 and May 7, 2021

Description of Public Notification of Meeting(s): Information will be posted on the school website.