

School-Based Wellness Committee Annual Reports

Goals

Goal 1- By the end of the 2021-2022 school year, there will be a 90% participation rate of K-5th grade students in physical education classes as measured by attendance data. Lessons/ concepts in Physical Education classes will focus on fitness, nutrition, hygiene, conflict resolution, building self esteem, and safety.

Goal 2-By the end of the 2021-2022 school year, 85% of students in grades Kindergarten -5th grade will complete and pass the performance standards for the FitnessGram test.

Method of Measurement

For Goal 1, we looked at attendance data as well as lesson plans to ensure that students were participating in activities that fit the goal.

For goal 2, we used fitness gram data to ensure that rate of participation and pass rate was met.

Frequency of Measurement

For goal 1, we discussed the data quarterly at our wellness committee meetings.

For Goal 2, our PE teacher, Holle Lewis, gave updates on as fitnessgram was being completed.

**Which key elements of the policy were evaluated? (Nutrition
Education and Promotion, Physical Education, Other School-Based Activities)**

Physical Education

Goal Reached?

Goal 1 was met as we had over a 90% attendance rate in all four quarters of the school year.

Goal 2 was not met. See corrective action plan below.

Information/Goals/Activities posted on school's website?

This will be placed on our website.

Corrective Action Plan for Goal 2

Goal: By the end of the 2021-2022 school year, 85% of students in grades Kindergarten -5th grade will complete and pass the performance standards for the FitnessGram test.

Steps to ensure goal is met next year:

Adjust the goal to be more attainable based on this year's data.

Set goals and activities similar to the Fitnessgram test requirements to continue to promote health a

Create a clear cut tracking document for our Physical Education teacher to track student progress to

Meet with Physical Education Quarterly to determine progress towards goal and adjustments that n

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Comments

and well being in our students

wards goal

eed to be made